Cancer Screening in Queensland

Cancer Screening saves lives! It uses simple tests to check for cancer or conditions that can lead to cancer. These tests are important as they can find cancer before you see or feel any changes in your body. Detecting cancer early can lead to a better prognosis and can improve the chances of successful treatment. If you notice any changes in your body, it important to speak with your doctor.

Bowel Screening

How it works?

- The test looks for blood in your poo and is the best way to detect bowel cancer early
- People aged 50–74 are sent a **free kit every 2 years** (green Medicare card)
- You can also request a kit from your doctor at 45 years old

What to do?

- Complete the kit when it arrives in the mail
- Speak to your doctor if you have any concerns

NATIONAL BOWEL CANCER SCREENING PROGRAM

For more information
Call 1800 627 701, 13 14 50 to speak with an interpreter or visit health.gov.au/nbcsp

Cervical Screening

How it works?

- Cervical screening checks for HPV (Human Papillomavirus)
- People with a cervix, are sexually active and aged 25-74 years old should **test every 5 years**
- A doctor, nurse or yourself will swab and collect a small sample from your cervix

What to do?

- Book an appointment with a doctor or nurse
- Some doctors will provide this for free, you can ask about cost when booking
- You can request for a female health worker to complete the test

NATIONAL CERVICAL SCREENING PROGRAM
A joint Australian, State and Territory Government Program

For more information
Call 1800 627 701, 13 14 50 to speak with an interpreter or visit health.gov.au/ncsp

eccq Ethnic Communities Council of Queensland

Breast Screening

How it works?

- A mammogram (breast x-ray) looks for small cancers that can't be seen or felt
- **Free for women aged 50 years and over in QLD** (green Medicare card)
- Women can also request screening from age 40
- It is **important to screen every 2 years**

What to do?

- To make an appointment call 13 20 50, 1800 512 451 to speak with an interpreter or visit www.breastscreen.qld.gov.au
- **You don't need a referral from a doctor** to have a breast screen

BreastScreen Queensland

For more information
Visit breastscreen.qld.gov.au

Lung Screening

How it works?

- A low-dose CT scan of your chest to look for signs of lung cancer
- People aged between 50-70, with no symptoms, currently smoke or have quit in the past 10 years and have a history of cigarette smoking of at least 30 pack-years
- If eligible you can have a **free scan every 2 years**

What to do?

- Speak to your doctor to see if you are eligible

NATIONAL LUNG CANCER SCREENING PROGRAM

For more information
Call 1800 627 701, 13 14 50 to speak with an interpreter or visit health.gov.au/nlcsp

Skin Screening

How it works?

- There is currently no official skin cancer screening program in Australia

What to do?

- Follow Cancer Councils 5 sun smart steps **Slip, Slop, Slap, Seek, Slide**
- **Check your skin regularly** and look for any new spots or changes in the size, shape or colour of any existing moles or spots
- Speak to your doctor about any concerns and ask about having a skin check

Cancer Council Queensland

For more information
Call 13 11 20 or visit cancerqld.org

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