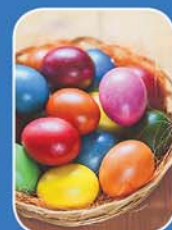


# 2015 Multicultural Calendar



**“Carnevale” has been celebrated for centuries in Italy.**

**Its name derives from the words ‘carne’ and ‘vale’, meaning “farewell to meat.”**

*This year, it is held before 18 February, just before the start of the Catholic Lent, farewelling meat and other luxuries before Lent’s austerity.*

*Carnevale is generally considered a festive time for children, similar to Halloween. Children dress in costumes leaving a trail of confetti, sweets and ‘silly string’ littering streets and piazzas. The celebrations can extend to events for the whole community, but on the whole it’s not regarded as an event for adults.*

*In Venice, however, Carnevale has taken on a new life since the early 1980s when its tourism board turned Carnevale into a major tourist attraction by recreating a picturesque version of Venice’s theatrical past. In Venice, the Carnevale atmosphere is more akin to New Orleans’ Mardi-Gras, and mainly for adults, with masquerade balls, banquets and elaborate costume parades held over two weeks.*

*The city is bustling and colourful during the two Carnevale weekends with a festive atmosphere as locals and tourists alike dress up in costumes and masks (Maschere). Free public entertainment occurs around St. Mark’s Square and the adjacent Piazzetta. Costumed characters parade the streets, happily posing for photographers – these Maschere include the traditional colourful characters from Italian burlesque plays originating in the 1600s, the most famous of these being Arlecchino (the Harlequin) Colombina, Pantalone, Pulcinella and Beppe Nappa.*

*The grand opening celebration of the Carnevale takes place on the first Sunday of the celebration with il volo dell’angelo (the flight of the angel). This adaptation of an old tradition involves an ‘angel’ (often represented by a celebrity: recent examples include Italian athletes, the rapper Coolio and Italian fashion dynasty heiress Margherita Missoni) swinging on harnesses from the belltower into the Piazzetta San Marco to a crowd of over 100, 000. This is followed by the afternoon parade of costumes on a catwalk in St. Mark’s Square, with entry open to the public including tourists from all over the world. The Carnevale ends on the second weekend of the event, with a huge celebration and fireworks above St. Mark’s.*

# JANUARY

2015 DIVERSICARE CALENDAR



## Italy: Cultural Showcase



- Carnevale is held on 17 February in 2015. In Venice, celebrations start from 31 January -

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|---|--|---|---|--|---|--|
| <b>FEB 2015</b><br>S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28 |  |   | <b>DEC 2014</b><br>S M T W T F S<br>1 2 3 4 5 6<br>7 8 9 10 11 12 13<br>14 15 16 17 18 19 20<br>21 22 23 24 25 26 27<br>28 29 30 31 | <b>New Year's Day</b> 1<br>Gantan-sai (Shinto)<br>Temple Day (Buddhist)<br>Independence Day (Republic of Sudan)<br>Restoration Day of the Independent<br>Czech State (Czech)<br>Establishment Day (Slovakia) | 2<br>Berchtolds Day (Switzerland)                   | 3<br>Prophet Muhammad's Birthday (Muslim)                  |
| 4<br>Independence Day (Myanmar)   | FULL MOON<br>5<br>Mahayana New Year (Buddhist)<br>Guru Gobindh Singh Jayanti Birthday (Sikh) | 6<br>Epiphany (Christian/Theophany in<br>Eastern Christianity)<br>Christmas (Armenian Orthodox Christian) | 7<br>Christmas (Eastern/Orthodox Christian)<br>Christmas (Coptic Christian)<br>Victory over Genocide Day (Cambodia)                 | 8  | 9<br>Republic Day (Republic of Srpska)              | 10<br>Traditional Day (Benin)                              |
| 11  | 12<br>Birthday of Swami Vivekananda (India)  | LAST QTR<br>13<br>Maghi-Lohri (Sikh)  | 14<br>New Year's Day (Orthodox)<br>Makar Sankranti (Hindu)<br>Maattu Pongal (Hindu)   | 15<br>Uzhavar Tirunal (India)  | 16<br>National Religious Freedom Day (USA)          | 17   |
| 18<br>World Religion Day (Baha'i)   | 19<br>Dr Martin Luther King Jr Day (USA)<br>Timkat/Theophany (Eastern Orthodox<br>Christian) | NEW MOON<br>20<br>Martyrs' Memorial Day (Azerbaijan)  | 21<br>Andean New Year (Bolivia)<br>Errol Barrol Day (Barbados)  | 22   | 23<br>Netaji Subhas Chandra Bose Jayanti<br>(India) | 24<br>Vasant Panchami (India)<br>Unification Day (Romania) |
| 25  | <b>Australia Day</b><br>26<br>Republic Day (India)   | FIRST QTR<br>27<br>International Holocaust<br>Remembrance Day (UN)  | 28<br>National Army Day (Armenia)   | 29   | 30  | 31<br>Guru Har Rai Birthday (Sikh)                         |

# January 2015



**“Diversity is the one true thing we all have in common. Celebrate it every day.”**

— Anonymous

# FEBRUARY

2015 DIVERSICARE CALENDAR

**"Hi, I am Cuu HA, 81 years old.**

**I was born in Mainland China and raised in Vietnam.**

I have been receiving services from Cathay Community Association (Cathay) for many years now and I am very happy.

My home care worker, Wendy On, comes and cleans, and cooks for me. Wendy is very good, caring, clean and tidy. She does things just the way I like them. Wendy has been assisting me for the last 4-5 years. She is also Chinese. She understands my culture and how I like to have things done.

Soup is very important in my culture. The Chinese believe that soup helps to build the immune system. Wendy understands this and always cooks me good soup.

Cathay also takes me to food shopping with a group. We go to the Chinese grocery store as I like Chinese food and it also provides me the opportunity to socialise with my other friends who are also clients of Cathay.

Cathay helps me understand my limitations and also encourages me to be as independent as I can. Cathay makes it easy for me to stay living in my home for as long as I can. I much prefer to be at home as it is easier for my family to visit me as they live nearby. I love spending time with my grandchildren.

I attend the Respite Centre every fortnight. It is a lot of fun. Everyone is always laughing and enjoying.

The staff members have a lot of patience and love and the food is delicious! My favourite is the sweet mung bean dessert!"

**"Hi, I am Wendy ON.**

**I have been working with Cathay Community Association since 1997.**

I love working here as I feel very comfortable. The organisation respects and supports my culture. We have clients from different cultures such as PNG, Taiwan, Fiji, Malaysian, Indonesian, Cambodian and Vietnamese people attending our respites but the majority are Chinese.

It is wonderful working with different cultures because it allows me to learn from them. The clients teach me a lot about their cultures and that also helps me to understand them better.

Sometimes clients have some challenging behaviour. When this happens, I try to know the story behind their behaviour. This helps me understand them better.

Sometimes conflicts happen amongst cultures. When this happens, we just try to calm everyone down and try dealing with it in different ways.

One week, we try one way and use a different way the following week. This usually helps."



## China, Vietnam & Cathay Community Association



- The Chinese and Vietnamese New Year will be celebrated on 19 February 2015 -

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|--|--|---|--|--|--|
| 1  | 2<br>Candlemas (Christian)<br>Constitution Day (Mexico)<br>Groundhog Day (USA/Canada)  | 3<br>Rissun/Setsubun-Sai (Shinto)                      | FULL MOON<br>4<br>Tu B'Shevat (Jewish)<br>National Day (Sri Lanka)<br>Guru Ravidas Birthday (India)                     | 5<br>Kashmir Day (Pakistan)  | 6<br>Waitangi Day (New Zealand)  | 7<br>Meak Bochea Day (Cambodia)  |
| 8<br>Preseren Day (Slovenia)<br>08-15 Nirvana Day (Buddhist)<br>08-14 Kindness Awareness Week<br>(North America)             | 9  | 10<br>National Sports Day (Qatar)                      | 11<br>National Foundation Day (Japan)   | LAST QTR<br>12<br>Lincoln's Birthday (USA)<br>Darwin Day (Atheist/Humanist)<br>Union Day (Myanmar) | 13<br>World Radio Day (UN)   | 14<br>St Valentine's Day   |
| 15<br>Nirvana Day (Buddhist-Jain)<br>Liberation Day (Afghanistan)  | 16<br>Restoration of the State Day (Lithuania)<br>Washington's Birthday and Presidents<br>Day (USA)  | 17<br>Maha Shivratri (Hindu)<br>Revolution Day (Libya) | 18<br>Ash Wednesday (Christian)<br>Independence Day (Gambia)<br>Seollal (South Korea)<br>National Democracy Day (Nepal) | NEW MOON<br>19<br>Lunar New Year (China, Vietnam,<br>Korea, Singapore)<br>Tel Nguyen Dan (Vietnam) | 20<br>20 Feb-1 March Sydney Gay & Lesbian<br>Mardi Gras Festival (Australia)<br>World Day of Social Justice (UN) | 21<br>International Mother Language Day<br>(UNESCO)  |
| 22   | 23<br>Clean Monday, Lent begins (Eastern/<br>Orthodox Christian)<br>Defence of the Motherland (Russia)<br>National Day (Brunei)<br>Green Monday (Cyprus) | 24<br>Independence Day (Estonia)                       | 25<br>Liberation Day (Kuwait)<br>EDSA People Power Day (Philippines)  | FIRST QTR<br>26  | 27<br>Independence Day (Dominican<br>Republic)   | 28<br>Peace Memorial Day (Taiwan)  |
| JAN 2015<br>S M T W T F S<br>1 2 3<br>4 5 6 7 8 9 10<br>11 12 13 14 15 16 17<br>18 19 20 21 22 23 24<br>25 26 27 28 29 30 31 |  |  |   |  |  | MARCH 2015<br>S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28<br>29 30 31 |

# February 2015



**“No single tradition monopolizes the truth. We must glean the best values of all traditions and work together to remove the tensions between traditions in order to give peace a chance.”**

— Thich Nhat Hanh, Vietnamese Buddhist Monk and Scholar

**Nowruz marks the first day of spring and the beginning of the year in the Afghani calendar.**

**Originating in Ancient Persia, Nowruz is celebrated by Afghani people and the related cultural continent in many countries, including parts of Central Asia, Caucasus, South Asia, North-western China, the Crimea and the Balkans.**

*It is celebrated on the day of the astronomical Northward equinox, which usually occurs on March 21 or the previous/following day. Afghani families gather together to observe the rituals. They wear beautiful, new clothes, and they visit and greet their relatives. Uncles and aunties give money to children and young people. Celebrations usually last for two weeks.*

*The Islamic Republic of Afghanistan is the 41st largest country, and the 42nd most populous country in the world, bordered by Pakistan in the south and east, Iran in the west, Turkmenistan, Uzbekistan, and Tajikistan in the north and China in the far northeast. Pashtu and Dari (Afghan Persian/Farsi) are the official languages.*

*Islam is practised by the majority of Afghans and governs much of their personal, political, economic and legal lives. Muslims are obliged to pray five times a day. Friday is the Muslim holy day. Government offices and businesses may also close on Thursday, making Thursday and Friday their weekend.*

*The family is the single most important unit in the Afghan culture. Men and women's roles are much more defined along traditional lines. Women are generally responsible for household duties, whereas men are the bread winners. In the cities professional women do exist.*

*Arranged marriages are still common in Afghanistan. Choice of partners is greatly influenced by factors such as tribe, status, network, and wealth. Families traditionally live together in the same walled compound, known as the kala. When a son gets married, he stays in the same house with his new wife. As with much of the Muslim world, the family unit is sacred and highly protected. Respect for family's privacy is expected.*

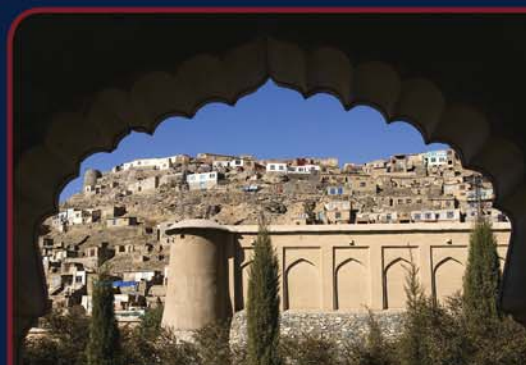
# MARCH

2015 DIVERSICARE CALENDAR



Photo by Ahmad Quraishi, source Demotix

## Afghanistan: Cultural Showcase



- Nowruz will be celebrated in Afghanistan on Saturday 21 March 2015 -

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|---|--|--|---|---|--|--|
| <b>1</b><br>Clean Up Australia Day<br>Orthodox Sunday (Orthodox Christian)<br>Republic Day (Switzerland)<br>Independence Day (Federation of Bosnia and Herzegovina)<br>Zero Discrimination Day (UN) | <b>2</b><br><b>Labour Day (WA)</b><br>Peasants Day (Myanmar)   | <b>3</b><br>Hina-matsuri/Festival of Dolls (Shinto)<br>Liberation Day (Bulgaria)                 | <b>4</b><br>Makha Bucha Day (Thailand)<br>04-05 Ta'anit Esther/Fast of Esther (Jewish)  | <b>5</b><br>Magha Puja/Sangha Day (Buddhist)<br>Doljatra (India)<br>Purim (Jewish)                  | <b>6</b><br><b>FULL MOON</b><br>Holi (Hindu)<br>Hola Mohalla (lunar calendar, Sikh)<br>World Day of Prayer (World)<br>Independence Day (Ghana) | <b>7</b>   |
| <b>8</b><br>International Women's Day (UN)  | <b>9</b><br><b>Canberra Day (ACT)</b><br><b>Labour Day (VIC)</b><br><b>Adelaide Cup (SA)</b><br><b>Eight Hours Day (TAS)</b><br>National Heroes & Benefactors Day (Belize) | <b>10</b>  | <b>11</b><br>Independence Day (Lithuania)   | <b>12</b>   | <b>13</b>  | <b>14</b><br><b>LAST QTR</b><br>Constitution Day (Andorra)   |
| <b>15</b><br>National Day (Hungary)   | <b>16</b>  | <b>17</b><br>St Patrick's Day (Irish/Christian)<br>Maha Shivaratri (Hindu)                       | <b>18</b><br>National Democracy Day (Nepal)<br>National Anthem and Flag Day (Aruba)<br>L Ron Hubbard's Birthday (Scientology)   | <b>19</b><br>National Close the Gap Day (Australia)<br>Memory Day (Libya)<br>St Josephs Day (World) | <b>20</b><br><b>NEW MOON</b><br>International Day of Happiness (UN)<br>French Language Day (UN)<br>Independence Day (Tunisia)                  | <b>21</b><br>Harmony Day (Australia)<br>International Day of Nowruz (UN)<br>Intl Day for the Elim of Racial Discrim (UN)<br>Human Rights Day (South Africa)<br>Hari Raya Nyepi (Indonesia)<br>New Year's Day (Baha'i/Iran)<br>21-28 Ramayana Week begins (Hindu) |
| <b>22</b><br>Emancipation Day (Puerto Rico)<br>World Water Day (UN)   | <b>23</b><br>Pakistan Day (Pakistan)   | <b>24</b><br>Day of Remembrance for Truth and Justice (Argentina)<br>World Tuberculosis Day (UN) | <b>25</b><br>Independence Day (Greece)<br>Greek Independence Day (Cyprus)<br>International Day of Remembrance of Slavery Victims and the Transatlantic Slave Trade (UN) | <b>26</b><br>Independence Day (Bangladesh)<br>Khordad Sal (Fasli – Zoroastrian)                     | <b>27</b><br><b>FIRST QTR</b><br>Armed Forces Day (Myanmar)  | <b>28</b><br>Earth Hour - 8:30PM-9:30 PM (World)<br>Ram Navami (India)   |
| <b>29</b><br>Palm Sunday (Western Christian)  | <b>30</b>  | <b>31</b>  | <b>APRIL 2015</b><br>S M T W T F S<br>1 2 3 4<br>5 6 7 8 9 10 11<br>12 13 14 15 16 17 18<br>19 20 21 22 23 24 25<br>26 27 28 29 30                                      |   | <b>FEB 2015</b><br>S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28                        |  |

# March 2015



**“A lot of different flowers make a bouquet.”**  
 — Saying of Muslim Origin

# APRIL

2015 DIVERSICARE CALENDAR

**"Hi, my name is ASSAFI ZAHRA.**

**I am Turkmen from Iraq and I can speak six languages. I have been working with Islamic Women's Association of Queensland (IWAQ) for 5-6 years now.**

*I always want my clients to be happy regardless of their religious beliefs. I like to find things we have in common. I love hearing about their stories although sometimes the stories are so sad, that they make me cry.*

*It helps me understand them better. I currently have clients from six different countries, Afghanistan, Lebanon, Iran, Iraq, Kabul and Bosnia. It is wonderful working with people from different cultures. They teach me so much and I love to teach them as well.*

*Sometimes I can become so close to some of my clients especially the ones who don't have any family. They treat me like their daughter and they become part of my family."*

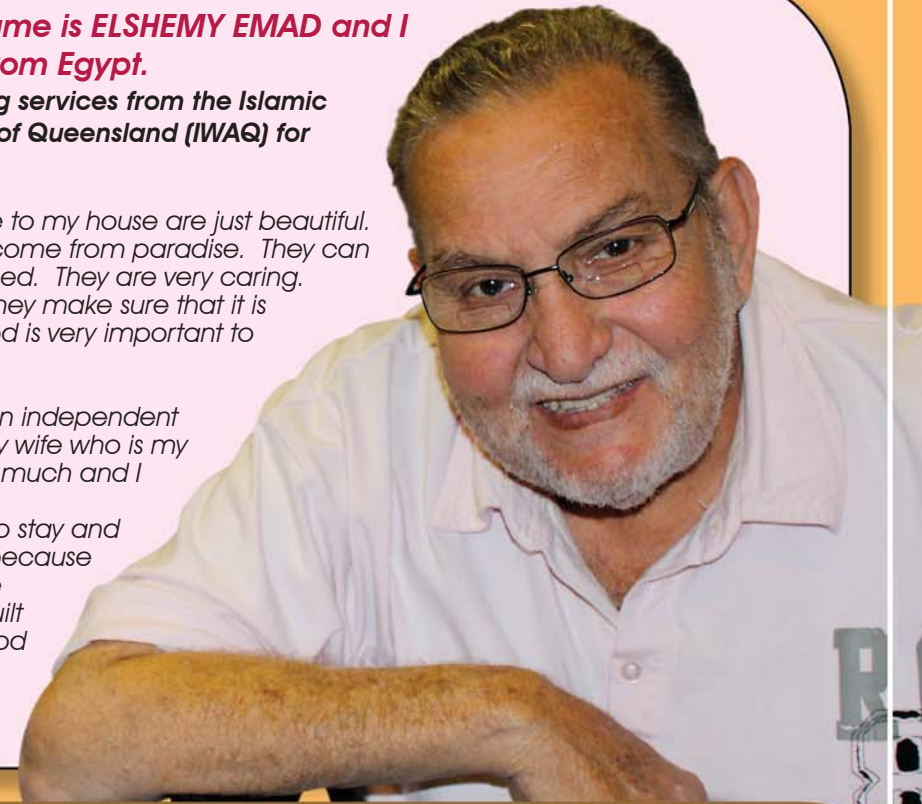


**"Hi, my name is ELSHEMY EMAD and I am originally from Egypt.**

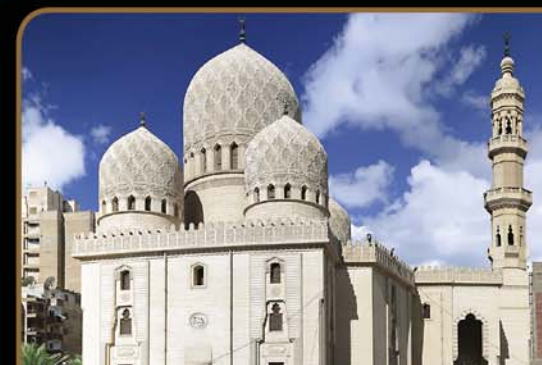
**I have been receiving services from the Islamic Women's Association of Queensland (IWAQ) for about 3-4 years now.**

*The workers that come to my house are just beautiful. They are people that come from paradise. They can do everything that I need. They are very caring. When I need a meal they make sure that it is Halal. Eating Halal food is very important to me and my religion.*

*I think that I can remain independent without services but my wife who is my carer would worry too much and I don't like her to worry. It is important for me to stay and live in my own home because I feel very comfortable here. My wife and I built it and it has lots of good memories for us."*



## Egypt & Islamic Women's Assoc. of Queensland



- The Egyptian Spring Festival of Sham El-Nessim will be held on 13 April 2015 -



| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|---|---|---|--|--|---|--|
|   |   | <b>MARCH 2015</b><br>S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28<br>29 30 31 | 1<br>Greek Cypriot National Day (Cyprus)                               | 2<br>World Autism Awareness Day (UN)<br>Maundy Thursday (Christian)<br>Mahavir Jayanti (India)<br>Day of the Veterans and the Fallen in Malvinas War (Argentina) | 3<br>Good Friday public holiday<br>Good Friday (Christian)<br>Ta'anit Bechorot (Jewish)   | 4<br>FULL MOON<br>Easter Saturday public holiday<br>Independence Day (Senegal)<br>First Day of Passover (Jewish)<br>Theravada New Year (Buddhist)<br>Ching Ming Festival (Hong Kong) |
| 5<br>Easter Sunday (Christian)<br>Ching Ming Festival (China/Hong Kong)<br>Palm Sunday (Orthodox Christian) | Easter Monday public holiday<br>Family Day (South Africa)<br>Easter Monday (Christian)<br>Chakri Day (Thailand) | 6<br>World Health Day (UN)<br>Day of Remembrance of the Victims of the Rwanda Genocide (UN)   | 7<br>Day of National Unity (Georgia)<br>The Day of Valor (Philippines) | 8  | 9<br>Holy Friday (Orthodox Christian)   | 10<br>Last Day of Passover (Jewish)  |
| 11<br>LAST QTR<br>Easter Sunday (Orthodox Christian)  | 12<br>Spring Festival (Egypt)<br>New Year's Day (Cambodia)<br>13-16 Thingyan Festival (Myanmar)                 | 13<br>Baisakhi New Year – Sikh/Hindu<br>Bangla New Year's Day (Bangladesh)<br>Bengali New Year (India)                                | 14<br>Yom HaShoah (Jewish)<br>Lord's Supper (Jehovah's Witnesses)      | 15<br>Emancipation Day (USA)   | 16<br>Independence or Evacuation Day (Syria)<br>New Year (Myanmar)  | 17<br>Birthday of Guru Angad Dev (Sikh)  |
| 18<br>NEW MOON<br>Independence Declaration Day (Venezuela)  | 19<br>Chinese Language Day (UN)   | 20<br>Festival of Ridvan (Baha'i)<br>Tiradentes' Day (Brazil)   | 21<br>International Mother Earth Day (UN)                              | 22<br>English Language Day (UN)<br>World Book and Copyright Day (UN)<br>National Sovereignty and Children's Day (Turkey)<br>Independence Day (Israel)            | 23<br>Remembrance Day (Armenia)   | 24<br>Anzac Day<br>Anzac Day (Australia)<br>Sinai Liberation Day (Egypt)<br>Freedom Day (Portugal)<br>Liberation Day (Italy)   |
| 25<br>FIRST QTR<br>Union Day (Tanzania)   | 26<br>Resistance Day (Slovenia)<br>Freedom Day (South Africa)<br>Independence Day (Sierra Leone)                | 27<br>National Heroes' Day (Barbados)<br>Hung Kings Temple Festival (Vietnam)<br>World Day for Safety and Health at Work (UN)         | 28<br>International Dance Day (UN)<br>Ninth day of Ridvan (Baha'i)     | 29<br>Reunification Day (Vietnam)  | 30<br>MAY 2015<br>S M T W T F S<br>31<br>1 2<br>3 4 5 6 7 8 9<br>10 11 12 13 14 15 16<br>17 18 19 20 21 22 23<br>24 25 26 27 28 29 30 |  |

# April 2015



**“It is not the strongest of the species nor the most intelligent, but the most responsive to change that survives.”**

— Charles Darwin, English Naturalist and Geologist

**In the Philippines, "Flores de Mayo" is held in May.**

**It is a month-long Roman Catholic festival in the Philippines where young boys and girls listen to religious teachings in their parish church. After each session, they offer flowers to the Blessed Virgin Mary.**

At the end of the month, a procession called Santa Cruzan is held with participants wearing costumes according to the Biblical queens and characters they represent. Each figure in the group alludes to a title of the Virgin Mary in the Litany of Loreto.

Angels wearing long white dresses and wings participate in this procession each carrying a letter of the angelic salutation 'AVE MARIA'. The rest of the community wear traditional clothing. Candles are lit outside homes as a sign of respect for the religious procession, which ends in a Church where a mass is held, then everyone enjoys a feast and children participate in games or activities. Celebrations vary from town to town and can be very lavish - from dresses to festivities. In Manila, movie stars may grace the occasion representing the various biblical queens.

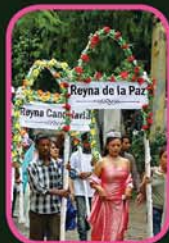
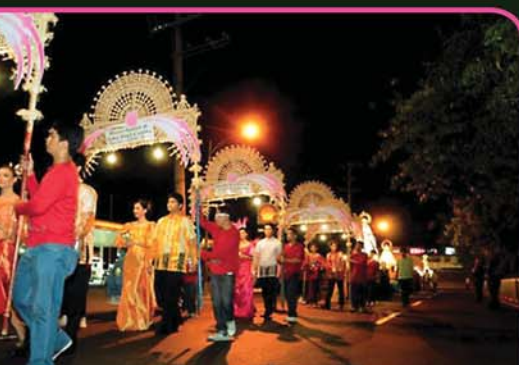
The Philippines is an archipelago of about 7,107 islands under three main islands called Luzon, Visayas, and Mindanao. It has a population of about 100 million. The Philippines lies within the Pacific Ring of Fire experiencing frequent seismic and volcanic activity. It also sits along the typhoon belt and experiences torrential rains from July to October annually. 80% of its population is Roman Catholic while slightly over 10% is Muslim and the rest are spread over other Christian denominations.

In 1521, Ferdinand Magellan, a Portuguese explorer sailing under Spanish flagship arrived in the Philippines and introduced Christianity. In 1565, the country became a Spanish colony. In 1898, the revolutionary Aguinaldo declared Philippine independence from Spain. However, soon after the declaration, the country was caught in the middle of the Spanish-American War, and became subjects of the United States. In 1942 Japan captured the Islands during World War II. On 4 July 1946 the USA finally recognised the Philippines independence, ending its colonial past. Some of the Philippine festivities are influenced by its Spanish colonial heritage. One of these festivals is the colourful "Flores de Mayo" or "Flowers of May".



Flores de Mayo Photos courtesy Philippines Dept of Tourism

## Philippines: Cultural Showcase



- Flores de Mayo will be held in the Philippines throughout the month of May -

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|--|--|--|---|---|--|---|
| 31<br>Pentecost (Orthodox Christian)<br>Trinity Sunday (Christian)   | JUNE 2015<br>S M T W T F S<br>1 2 3 4 5 6<br>7 8 9 10 11 12 13<br>14 15 16 17 18 19 20<br>21 22 23 24 25 26 27<br>28 29 30   |  |   | APRIL 2015<br>S M T W T F S<br>1 2 3 4<br>5 6 7 8 9 10 11<br>12 13 14 15 16 17 18<br>19 20 21 22 23 24 25<br>26 27 28 29 30 | 1<br>People Solidarity Holiday (Kazakhstan)<br>Labour Day (International)<br>Spring Day (Estonia)                          | 2<br>Guru Arjan Dev Birthday (Sikh)   |
| 3<br>Constitution Day (Poland)<br>Constitution Memorial Day (Japan)<br>World Press Freedom Day (UN)                          | FULL MOON<br>May Day (NT) 4<br>Declaration of Independence Day (Latvia)<br>Visakha Puja - Buddha Day (Buddhist)<br>Remembrance Day (Netherlands)   | 5<br>Coronation Day (Thailand)<br>Children's Day (South Korea/Japan)<br>Cinco de Mayo (Mexico) | 6<br>St George's Day (Bulgaria)   | 7<br>National Day of Prayer USA (Interfaith)<br>Defenders Day (Kazakhstan)  | 8<br>World Red Cross and Crescent Day<br>V-E Day (France)<br>Liberation Day (Czech)<br>Victory Day over Fascism (Slovakia) | 9<br>Victory Day (Russia/Belarus/Georgia/<br>Republic of Srpska/Armenia)<br>Royal Ploughing Ceremony (Cambodia) |
| 10<br>Mother's Day (Australia)   | LAST QTR 11  | 12   | 13  | 14<br>Ascension Day (Christian)<br>National Day (Paraguay)  | 15<br>Independence Day (Paraguay)  | 16<br>Isra Miraj (Islam)  |
| 17<br>World Information Society Day (UN)<br>Constitution Day (Norway)<br>Independence Day (Israel)<br>Liberation Day (Congo) | NEW MOON 18<br>Yom Yerushalayim (Jerusalem Day<br>- Jewish)<br>Victoria Day/National Patriots Day<br>(Canada)<br>Ascension Day (Catholic Christian)  | 19<br>National Day (Cameroon)  | 20<br>National Day (Cameroon)   | 21<br>Navy Day (Chile)  | 22<br>International Day for Biological<br>Diversity (UN)<br>Unity Day (Yemen)<br>22-23 Declaration of the Bab              | 23<br>Guru Amar Das Birthday (Sikh)   |
| 24<br>Independence Day (Eritrea)   | Africa's Day 25<br>Bermuda Day<br>Buddha's Birthday (Hong Kong/Sth Korea)<br>Day of the First National Government (Argentina)<br>Independence Day (Jordan)<br>Memorial Day (USA)<br>St Joseph's Day (Colombia)<br>Whitmonday (various countries) | FIRST QTR 26<br>National Sorry Day (Australia)<br>Independence Day (Guyana/Georgia)            | 27<br>27 May- 3 June Reconciliation Week<br>(Australia)<br>Children's Day (Nigeria) | 28<br>Republic Day (Armenia)<br>Republic Day (Azerbaijan)   | 29<br>International Day of United Nations<br>Peacekeepers (UN)<br>Democracy Day (Nigeria)                                  | 30  |

# May 2015



**“Peace cannot exist without justice, justice cannot exist without fairness, fairness cannot exist without development, development cannot exist without democracy, democracy cannot exist without respect for the identity and worth of cultures and peoples.”**

— Rigoberta Menchú Tum, Guatemalan Indigenous Rights Activist, 1990 UNESCO Prize Winner, 1992 Nobel Peace Prize Winner

# JUNE

2015 DIVERSICARE CALENDAR

**"Hello, I am Emily Hopkins.  
I am Mrs Hung's support worker.**

*I have been supporting Mrs Hung for over a year now. I find working with clients from different cultures refreshing and challenging.*

*I also get to learn my clients' cultures while caring for them. Mrs Hung is one of the clients assigned to me when I started working for Ethnic Community Care Links Inc (ECCLI).*

*ECCLI is an aged care organisation that assists frail older people living in their homes who require management of services because of their complex care needs.*

*ECCLI provides services in Townsville, the Burdekin and the Hinchinbrook areas.*

*ECCLI's clients come from different cultures like Filipino, German, Italian, and Irish cultures, among several others."*



**"Hello, I am Chan Fund Yee Hung.**

**I am originally from China. I migrated to Brazil and lived there for 30 years with my husband, three daughters and a son.**

*I came to Australia in 1986 with my husband, Chai Wan Hung. Currently I live with my son, Walter and his wife, Mee Lynd. Mee Lynd cares for me. I want to live with my family because my family is very important to me.*

*When I arrived in Australia, I attended English classes at the Migrants Resource Centre (MRC). MRC referred me to ECCLI for social activities and events.*

*In 2003, I was diagnosed with Parkinson's disease. Since the diagnosis, ECCLI has been providing me a support worker for four hours a week for personal care and domestic assistance. Emily Hopkins, my support worker, is partly Chinese and partly Macanese (from Macau) and partly Welsh.*

*Emily was born in Hong Kong. She also speaks Chinese which is very important for me because I am more fluent in Chinese than English. Mee-Lynd usually takes me to social events and Emily helps me in the social events.*

*ECCLI's music therapist, Grace Chan, visits me regularly and lets me play musical instruments which I really enjoy. Grace also speaks Chinese."*

## China & Ethnic Community Care Links Inc.



- Xinjin Dragon Boat Race Festival will be held in China 20 June 2015 -

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
|---|---|--|--|---|--|--|---|----|---|---|--|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|---|--------------------|---|--|--|
| <p>MAY 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table> | S   | M  | T  | W   | T  | F  | S | 31 |   |   |  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | <p><b>Western Australia Day (WA)</b> 1</p> <p>International Children's Day<br/>Queen's Birthday (New Zealand)<br/>Holy Spirit Monday (Greece)<br/>Vesak Bochea Day (Singapore/Cambodia)</p> | <p>2</p> <p>Waisak Day (Indonesia)<br/>Republic Day (Italy)</p> | <p>FULL MOON 3</p> | <p>4</p> <p>Corpus Christi (Catholic Christian)<br/>International Day of Innocent Children Victims of Aggression (UN)</p> | <p>5</p> <p>World Environment Day (UN)<br/>Constitution Day (Denmark)<br/>Labour Day (Bahamas)</p> | <p>6</p> <p>National Day (Sweden)<br/>Memorial Day (South Korea)</p> |
| S   | M   | T  | W  | T   | F  | S  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 31  |   |  |  |   | 1  | 2  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 3   | 4   | 5  | 6  | 7   | 8  | 9  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 10  | 11  | 12   | 13   | 14  | 15   | 16   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 17  | 18  | 19   | 20   | 21  | 22   | 23   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 24  | 25  | 26   | 27   | 28  | 29   | 30   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| <p>7</p> <p>All Saints Day (Orthodox Christian)</p>   | <p><b>Queen's Birthday holiday (except WA)</b> 8</p>  | <p>9</p>   | <p>LAST QTR 10</p> <p>Reconciliation Day (Congo)<br/>Portugal Day (Portugal)</p>   | <p>11</p>   | <p>12</p> <p>Independence Day (Philippines/Russia)<br/>World Day Against Child Labour (UN)</p>   | <p>13</p>  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| <p>14</p> <p>Flag Day (USA)</p>   | <p>15</p> <p>National Salvation Day (Azerbaijan)<br/>Sacred Heart (Colombia)<br/>National Heroes Day (Bermuda)<br/>World Elder Abuse Awareness Day (UN)</p> | <p>16</p> <p>Youth Day (South Africa)</p>                                | <p>NEW MOON 17</p> <p>Independence Day (Iceland)<br/>World Day to Combat Desertification and Drought (UN)</p>  | <p>18</p> <p>Ramadan begins (Muslim)</p>          | <p>19</p>  | <p>20</p> <p>World Refugee Day (UN)<br/>Xinjin Dragon Boat Festival (China)<br/>Dragon Boat Festival (Taiwan)<br/>National Flag Day (Argentina)<br/>Midsummer Day (Sweden)</p> |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| <p>21</p> <p>National Day (Greenland/Austria/Belgium)<br/>Andean New Year (Bolivia)</p>   | <p>22</p> <p>Anti-Fascist Struggle Day (Croatia)</p>  | <p>23</p> <p>Victory Day (Estonia)<br/>International Widows Day (UN)</p> | <p>FIRST QTR 24</p> <p>St John's Day (Catholic Christian)<br/>The National Holiday of Quebec (Canada)</p>  | <p>25</p> <p>Statehood Day (Croatia/Slovenia)</p> | <p>26</p> <p>International Day against Drug Abuse and Illicit Trafficking (UN)<br/>International Day in Support of Victims of Torture (UN)<br/>Independence Day (Madagascar)</p> | <p>27</p>  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| <p>28</p>   | <p>29</p> <p>Saints Peter and Paul (Christian)</p>  | <p>30</p> <p>Independence Day (Congo)</p>                                | <p>JULY 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table> | S   | M  | T  | W | T  | F | S |  |  |   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30  | 31  |                    |   |  |  |
| S   | M   | T  | W  | T   | F  | S  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
|   |   |  | 1  | 2   | 3  | 4  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 5   | 6   | 7  | 8  | 9   | 10   | 11   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 12  | 13  | 14   | 15   | 16  | 17   | 18   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 19  | 20  | 21   | 22   | 23  | 24   | 25   |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |
| 26  | 27  | 28   | 29   | 30  | 31   |  |   |    |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |   |   |                    |   |  |  |

# June 2015



**“We live now in a global village and we are in one single family. It’s our responsibility to bring friendship and love from all different places around the world and to live together in peace.”**

— Jackie Chan, Chinese Actor, UNICEF Goodwill Ambassador

**Finncare is a community service provider which provides home care for Terttu under Australian Finnish Rest Home Association (AFRHA).**

Finncare has approximately 500 clients and 200 of them are from diverse cultural backgrounds, mostly from Finnish culture. There are currently 30 employees at Finncare with 50% speaking Finnish language. AFRHA, located in Thornlands, Brisbane is the only aged care provider in Australia focusing on the Finnish Community.

Some of the challenges for Finncare are matching staff who speak the same language with clients and filling holiday positions as most Finnish staff tend to take holidays to visit Finland during summer. Engaging non-Finnish-speaking workers to care for Finnish clients has broken some barriers down. Finnish clients have been happy with their non-Finnish speaking staff. Finncare staff stated that it is very satisfying to make a difference to the Finnish community in Australia by providing care for them. Finncare also has students from Finland doing work placements.

AFRHA has also a nursing home called Finlandia Village with 45 beds and a café Poro in the location. Residents, community members and staff are welcome to enjoy food at the café. 'Pulla' (a bun) connects the Finnish to their ethnic identity. It is estimated that there are 8000 people in Australia who were born in Finland of which 2500 are living in South East Queensland.

# JULY

2015 DIVERSICARE CALENDAR

**"Hello, I am Terttu Buss, 82 years old and of Finnish background.**

**My husband and I have been married for almost 59 years. We came to Australia in 1959.**

We lived in Melbourne for 17 years and decided to move to Queensland.

In 2002, I had an open heart surgery and since then Finncare has been helping me with vacuuming. The Support Worker who speaks Finnish is friendly and helpful.

Two times a week, my husband and I also attend 'Hobby House' at Finncare where we speak Finnish, laugh, play cards and knit.

I have a strong mental attitude and enjoy cooking like making bread, tomato and mango chutney. I have always been independent and would like to be as long as I can. The Australian Aged Care system is good and having staff who can speak my language is even better."



## Finland & Finncare



- Kaustinen Folk Music Festival will be held in Finland on 6-12 July 2015 -

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
|--|---|--|--|---|--|---|---|---|---|---|---|---|---|----|----|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|---|----------|--|
|  |   | <p>JUNE 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table> | S  | M   | T  | W   | T | F | S |   | 1 | 2 | 3 | 4  | 5  | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |    |    |    |    | <p>1</p> <p>Independence Day (Somalia)<br/>Sir Seretse Khama Day (Botswana)<br/>Special Administration Region (SAR) Day<br/>Canada Day (Canada)<br/>Independence Day (Burundi)<br/>Dharma/Asalha Puja Day (Buddhist)</p> | <p>FULL MOON</p> <p>2</p> <p>Independence Day (Belarus)</p> | <p>3</p> | <p>4</p> <p>Independence Day (USA)<br/>Nuzul Al-Quran (Brunei)</p> |
| S  | M   | T  | W  | T   | F  | S   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
|  | 1   | 2  | 3  | 4   | 5  | 6   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 7  | 8   | 9  | 10   | 11  | 12   | 13  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 14   | 15  | 16   | 17   | 18  | 19   | 20  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 21   | 22  | 23   | 24   | 25  | 26   | 27  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 28   | 29  | 30   |  |   |  |   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| <p>5</p> <p>St Cyril and Methodius Day (Slovakia)<br/>St Cyril and Methodius Day (Czech)<br/>Guru Hargobind Birthday – Sikh<br/>Constitution Day (Armenia)<br/>Independence Day (Algeria)<br/>Independence Day (Venezuela)</p> | <p>6</p> <p>06-12 Kaustinen Folk Music Festival (Finland)<br/>Jan Hus Day (Czech)<br/>Capital City Day (Kazakhstan)</p> | <p>7</p> <p>Constitution Day (Cayman Islands)<br/>07-14 NAIDOC Week (Australia)</p>  | <p>8</p>   | <p>LAST QTR</p> <p>9</p> <p>Independence Day (South Sudan)</p>              | <p>10</p> <p>Independence Day (Bahamas)</p>  | <p>11</p> <p>World Population Day (UN)</p>  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| <p>12</p>  | <p>13</p> <p>Ulambana – Obon (Buddhist)<br/>Lailat al Kadr (Islam)</p>  | <p>14</p> <p>Bastille Day (France)</p>   | <p>15</p> <p>H.M. The Sultan’s Birthday (Brunei)</p> | <p>NEW MOON</p> <p>16</p> <p>Our Lady of Mount Carmel (Chile)</p>           | <p>17</p> <p>Hari Raya Puasa (Singapore)<br/>Constitution Day (South Korea)<br/>17-19 Hari Raya Aidilfitri (Brunei)</p>    | <p>18</p> <p>Nelson Mandela’s Birthday<br/>Ramadan Ends/Eid al Fitr (Islam)<br/>Hari Raya Puasa (Indonesia)</p>   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| <p>19</p> <p>Martyrs Day (Myanmar)</p>   | <p>20</p> <p>Independence Day (Colombia)<br/>Marine Day (Japan)</p>   | <p>21</p> <p>Independence Day (Belgium)</p>  | <p>22</p>  | <p>23</p> <p>Guru Har Krishen Birthday (Sikh)<br/>National Day (Egypt)</p>  | <p>FIRST QTR</p> <p>24</p> <p>Eid al Adha (Islam)<br/>Simon Bolivar Day (Venezuela)<br/>Pioneer Day (Mormon Christian)</p> | <p>25</p> <p>Constitution Day (Puerto Rico)</p>   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| <p>26</p>  | <p>27</p>   | <p>28</p> <p>Independence Day (Peru)</p>   | <p>29</p>  | <p>30</p> <p>Emancipation Day (Bermuda)<br/>Asahna Bucha Day (Thailand)</p> | <p>FULL MOON</p> <p>31</p>   | <p>AUG 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> </table> | S | M | T | W | T | F | S | 30 | 31 |   |   |   |   | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26   | 27  | 28       | 29   |
| S  | M   | T  | W  | T   | F  | S   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 30   | 31  |  |  |   |  | 1   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 2  | 3   | 4  | 5  | 6   | 7  | 8   |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 9  | 10  | 11   | 12   | 13  | 14   | 15  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 16   | 17  | 18   | 19   | 20  | 21   | 22  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |
| 23   | 24  | 25   | 26   | 27  | 28   | 29  |   |   |   |   |   |   |   |    |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |

# July 2015



**“We may have different religions, different languages, different colored skin, but we all belong to one human race.”**

– Kofi Annan, Ghanian Diplomat, 7th UN Secretary General, 2001 Nobel Peace Prize Winner

# AUGUST

2015 DIVERSICARE CALENDAR

**Hari Merdeka in Malaysia is considered to be Independence Day – Merdeka meaning Freedom.**

**Cultural and patriotic performances are held after the flag raising ceremony.**

During Malaysia's Hari Merdeka celebration, an annual parade is held at Merdeka Square in Kuala Lumpur. Dancers from different ethnic groups of the country, dressed in their traditional costumes, dance with the year's theme songs. Well-prepared formations and human graphics display intricate writings on the stand at Merdeka Square.

Various companies and corporations join in the celebration by creating beautifully designed floats and displaying them in the parade.

Merdeka or Independence Day commemorates the independence of the Federation of Malaya from British colonial rule on 31 August 1957. On 16 September 1963, the Federation of Malaysia composed of the Federation of Malaya, North Borneo, Sarawak and Singapore was officially declared. The Federation of Malaysia is now celebrated as Malaysia Day. However, on 9 August 1965, Singapore pulled out of the Federation and declared its own independence.

Malaysia shares borders with Thailand, Singapore, Vietnam, Brunei, Indonesia and the Philippines. In 2010, Malaysia is the 42nd most populated country with a population of 28.33 million consisting of many ethnic groups. The Bumiputera status is accorded to Malaysian citizens, as well as non-Malay indigenous peoples including ethnic Thais, Khmers, Chams and the natives of Sabah and Sarawak comprising 67% of the population. The rest of the population is of Chinese (25%) and Indian (7%) descent.

Hari Merdeka is celebrated every 31st of August whilst Malaysia Day is celebrated on the 16th of September.



## Malaysia: Cultural Showcase



- Hari Merdeka is celebrated in Malaysia each year on 31 August 2015 -



| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
|---|--|--|---|---|---|--|---|---|---|--|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|---|---|---|---|---|---|---|--|--|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|---|
| <p>FULL MOON</p> <p>30</p> <p>Victory Day (Turkey)</p>  | <p>31</p> <p>Hari Merdeka National Day (Malaysia)<br/>Independence Day (Trinidad &amp; Tobago)<br/>National Heroes Day (Philippines)</p> | <p>SEPT 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table> | S   | M   | T   | W  | T | F | S |  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |  |  |  |  |  | <p>JULY 2015</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table> | S | M | T | W | T | F | S |  |  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  | <p>1</p> <p>National Day (Switzerland)<br/>Emancipation Day (St Kitts and Nevis)<br/>Independence Day (Benin)<br/>Emancipation Day (Barbados/Jamaica)</p> |
| S   | M  | T  | W   | T   | F   | S  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
|   |  | 1  | 2   | 3   | 4   | 5  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 6   | 7  | 8  | 9   | 10  | 11  | 12   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 13  | 14   | 15   | 16  | 17  | 18  | 19   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 20  | 21   | 22   | 23  | 24  | 25  | 26   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 27  | 28   | 29   | 30  |   |   |  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| S   | M  | T  | W   | T   | F   | S  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
|   |  |  | 1   | 2   | 3   | 4  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 5   | 6  | 7  | 8   | 9   | 10  | 11   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 12  | 13   | 14   | 15  | 16  | 17  | 18   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 19  | 20   | 21   | 22  | 23  | 24  | 25   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| 26  | 27   | 28   | 29  | 30  | 31  |  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| <p>2</p>  | <p>Picnic Day (NT)</p> <p>3</p> <p>Emancipation Day (Bahamas)<br/>Civic Day (Canada)<br/>Commerce Day (Iceland)</p>                      | <p>4</p>   | <p>5</p> <p>Victory and Homeland Thanksgiving Day (Croatia)<br/>Independence Day (Burkina Faso)</p>                     | <p>6</p> <p>Independence Day (Bolivia/Jamaica)</p>                                    | <p>LAST QTR</p> <p>7</p> <p>Battle of Boyaca (Colombia)</p> | <p>8</p>   |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| <p>9</p> <p>National Womens Day (South Africa)<br/>National Day (Singapore)<br/>International Day of the World's Indigenous People (UN)</p> | <p>10</p> <p>Independence Day (Ecuador)</p>  | <p>11</p>  | <p>Royal Queensland Show (Brisbane)</p> <p>12</p> <p>International Youth Day (UN)<br/>HM Queens Birthday (Thailand)</p> | <p>13</p>   | <p>14</p> <p>Independence Day (Pakistan)</p>                | <p>NEW MOON</p> <p>15</p> <p>Independence Day (Bahrain/India)<br/>National Day (Congo)<br/>Liberation Day (South Korea)<br/>National Mourning Day (Bangladesh)<br/>Assumption of Blessed Virgin Mary (Christian)<br/>Dormition of the Theotokos (Cyprus)</p> |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| <p>16</p>   | <p>17</p> <p>Independence Day (Indonesia)</p>  | <p>18</p>  | <p>19</p> <p>World Humanitarian Day (UN)<br/>Independence Day (Afghanistan)</p>   | <p>20</p> <p>Independence Restoration Day (Estonia)<br/>St Stephens Day (Hungary)</p> | <p>21</p> <p>Ninoy Aquino Day (Philippines)</p>             | <p>22</p>  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |
| <p>FIRST QTR</p> <p>23</p>  | <p>24</p> <p>Independence Day (Ukraine)</p>  | <p>25</p> <p>Independence Day (Uruguay)</p>  | <p>26</p> <p>Women's Equality Day (USA)</p>   | <p>27</p> <p>Independence Day (Moldova)</p>   | <p>28</p> <p>Ullambana/Ghost Festival (Buddhist)</p>        | <p>29</p> <p>Slovak National Uprising Anniversary (Slovakia)<br/>International Day against Nuclear Tests (UN)</p>  |   |   |   |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |

# August 2015



**“He who experiences the unity of life  
sees his own Self in all beings”**

– Gautama Buddha, Founder of Buddhism

**Papua New Guinea's Goroka Show  
attracts tourists from all over the world.**

*It is a rare opportunity to see the traditional tribal cultures in action with a rich display of cultural diversity, comprising of around 100 tribes and showcasing the music, language, dance and traditional customs of over 29 cultures.*

*Amongst the performers are the legendary Mud Men of Asaro. Tribal legend states that centuries ago the warriors of Asaro were involved in a tribal raid against a larger tribe. To improve their chances in battle they covered their bodies with grey mud and masks to make themselves look terrifying. The ruse worked and their enemies fled at the sight of these "ghostly apparitions".*

*Goroka began as a small outpost station in the 1950's. Today, Goroka is a thriving town internationally famous for its annual Goroka Show, held over the weekend closest to PNG Independence Day (16th September). It is the biggest and most significant festival in Papua New Guinea.*

*The Show was first held in the 1950's as a means of gathering together the different tribes and clans. It was an amazing success and grew from its original concept of a simple local get-together into the biggest national event in PNG's calendar.*

# SEPTEMBER

2015 DIVERSICARE CALENDAR



Photos of Goroka Show courtesy Peggy Bright <http://leggypeggy.com>

## Papua New Guinea: Cultural Showcase



- Papua New Guinea holds the Goroka Show around the 16 September every year -

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|--|--|--|---|--|---|--|
|  | <p>AUG 2015</p> <p>S M T W T F S</p> <p>30 31 1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p>                      | 1<br>Constitution Day (Slovakia)   | 2<br>Independence Day (Vietnam)   | 3  | 4   | 5<br>LAST QTR  |
| 6<br>Fathers Day (Australia)<br>Defence Day (Pakistan)             | 7<br>Independence Day (Brazil)<br>Labour Day (Canada/USA)  | 8<br>International Literacy Day (UN)   | 9   | 10   | 11<br>Patriot Day (USA)<br>Meskerem (New Year – Ethiopia) | 12   |
| NEW MOON<br>13   | 14<br>Triumph of the Cross (Christian)<br>Rosh Hashanah/New Year (Jewish)  | 15<br>Independence Day (Costa Rica/El Salvador/Guatemala/Honduras/Nicaragua)<br>International Day of Democracy (UN)<br>Our Lady of Sorrows (Christian) | 16<br>International Day for the Preservation of the Ozone Layer (UN)<br>Independence Day (Mexico/PNG)<br>National Heroes Day (St Kitts and Nevis)<br>Fast of Gedaliah (Jewish)<br>Martyrs Day (Libya) | 17<br>Constitution Day (USA)   | 18<br>Independence Day (Chile)                            | 19<br>Army Day (Chile)<br>Independence Day (Saint Kitts and Nevis)<br>Start of Oktoberfest (Germany) |
| 20   | FIRST QTR<br>21<br>Independence Day – Armenia/Malta/Belize<br>Respect for the Aged Day (Japan)<br>International Day of Peace (UN)  | 22<br>22-23 Yom Kippur (Jewish)<br>Independence Day (Bulgaria/Mali)<br>Unification Day (Bulgaria)  | 23<br>23-26 Eid al Adha – (Sacrifice Day -Islam)<br>National Day (Saudi Arabia)   | 24<br>Arafat (Haj) Day - UAE<br>Heritage Day (South Africa)<br>Hari Raya Haji (Singapore)<br>Constitution Day (Cambodia) | 25<br>Native American Day (USA)                           | 26   |
| 27<br>Mid Autumn Festival (China/Taiwan)<br>World Tourism Day (UN) | FULL MOON<br>Family & Community Day (ACT)<br>Queen's Birthday Holiday (WA)<br>28<br>St Wenceslas Day (Czech)<br>Confucius Birthday (China/Hong Kong)<br>Ancestors Day (Cambodia) | 29   | 30<br>Botswana Day (Botswana)   | OCT 2015   |   |  |
|  |  |  |   | S M T W T F S  |   |  |
|  |  |  |   | 1 2 3  |   |  |
|  |  |  |   | 4 5 6 7 8 9 10   |   |  |
|  |  |  |   | 11 12 13 14 15 16 17   |   |  |
|  |  |  |   | 18 19 20 21 22 23 24   |   |  |
|  |  |  |   | 25 26 27 28 29 30 31   |   |  |

# September 2015



**“We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their colour.”**

– Maya Angelou, author, poet, playwright, actress, producer, director, singer & professor

# OCTOBER

2015 DIVERSICARE CALENDAR



***Kathe, originally from Germany, moved to Australia over 50 years ago with her family.***

***Elisabeth, originally from Finland, has lived in Europe and Germany before moving to Australia over 25 years ago. Elisabeth helps Kathe with her shopping and supports her socially fortnightly.***

*Kathe speaks fluent English and has been in Australia for so long. She does not have any specific cultural requirements from a service provider. However, she is a very social lady and loves going to the German Club and eating German food with German friends, and keeping her social connections. She feels good speaking in German with Elisabeth while shopping, and later, having a cup of coffee. Elisabeth has lived in Germany for many years and she understands German culture and its language.*

*Elisabeth is a culturally-sensitive person. She has lived in many different places which made her more aware of cultural similarities and differences. Moreover, her family is very multicultural. She finds working with people from other cultural backgrounds positively challenging and enjoyable. If she is unsure about a culture she googles it to learn more!*

*Elisabeth has completed a Certificate III in Aged Care. She thinks that doing a cross-cultural awareness workshop more often is beneficial to her. Awareness of different people's values and traditions, and embracing different personalities and ways of living make the world a better working place. Both Kathe and Elisabeth understand the importance of being aware of each other's cultures and maintaining respect for each other.*

## Germany & St John's Community Care



- Germany will celebrate Oktoberfest from 19 September to 4 October 2015 -



# NOVEMBER

2015 DIVERSICARE CALENDAR

**"Hi, my name is Anna.**

**I have been working with Diversicare for the past 17 years.**

*I enjoy my job because it is my passion to help people. The service I provide includes domestic and social support.*

*It can sometimes be challenging but at the same time also rewarding to see clients remain independent in their own homes. That is what gives me the motivation to continue working in this sector.*

*I work hard to achieve the intended outcome. Most of my clients are ready for the pick-up time to come to the respite centre.*

*I am glad to say that they are also considerate. They would call the Respite Centre beforehand to inform us if they cannot attend their scheduled respite care.*

*I am multi-lingual.  
I am fluent  
in German,  
Macedonian,  
Croatian and  
Serbian."*



**"Hi, my name is Zorica.**

**I am originally from the Slovak Republic.**

*I have been receiving services from Diversicare for the last 10 years consisting mainly of respite. This is a very valuable service that I enjoy.*

*It does not only break my isolation but also gives me the opportunity to socialise with other people from my culture and visit different places.*

*In addition to the recreational activities, I also attend information sessions during my respite days where I am privileged to hear guest speakers from different fields.*

*During my respite days I visit beaches in Redcliff, Wynnum and Timbron Heights and have a picnic with Anna, my support worker.*

*I am happy with Diversicare and I look forward to continuing my involvement with this organisation. I have built a strong bond with Anna. She is aware and respectful of my cultural needs. I would not dream of being in the care of someone else now."*

## Slovakia & Diversicare



- Bratislava International Film Festival is expected to be held on 7-15 November in 2015 -

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|--|--|--|--|---|--|--|
| 1<br>Revolution Day (Algeria)<br>Independence Day (Antigua & Barbuda)<br>National Revival Day (Bulgaria)<br>All Saints' Day (Christian)  | 2<br>All Souls' Day (Christian)  | 3<br>LAST QTR<br>Melbourne Cup (VIC)<br>Independence Day (Dominica/Panama)   | 4<br>Unity Day (Russia)  | 5<br>Guy Fawkes Night (UK)  | 6<br>Constitution Day (Dominican Republic)                                   | 7<br>07-15 Bratislava International Film Festival (Slovakia)<br>October Revolution Day (Belarus)                             |
| 8<br>Remembrance Day (UK)  | 9<br>Independence Day (Cambodia)<br>Constitution Day (Nepal)<br>Flag Day (Azerbaijan)<br>Remembrance Day (Cayman Islands)                            | 10<br>Deepavali (Singapore)  | 11<br>Remembrance Day (Australia)<br>Remembrance Day (Canada/Bermuda)<br>Veterans Day (USA)<br>Veteran's Day (Puerto Rico)<br>Armistice Day (France)<br>Independence Day (Poland/Angola) | 12<br>NEW MOON  | 13   | 14   |
| 15<br>World Day of Remembrance for Road Traffic Victims (UN)<br>National Day of Mourning (Germany)<br>Independence Day (Palestine)<br>Republic Day (Brazil)<br>Shichogsan/Seven-Five-Three Festival (Shinto) | 16<br>International Day of Tolerance (UN)<br>Independence of Cartagena (Colombia)<br>Revolution Day (Mexico)<br>International Day for Tolerance (UN) | 17<br>Struggle for Freedom and Democracy Day (Czech Republic/Slovakia)   | 18<br>Independence Day (Latvia/Morocco)<br>Repentance Day (Germany)<br>Independence/National Day (Qatar)   | 19<br>FIRST QTR<br>Discovery Day (Puerto Rico)<br>World Philosophy Day (UN) | 20<br>Transgender Day of Remembrance (LGBT)<br>Universal Children's Day (UN) | 21   |
| 22<br>Independence Day (Lebanon)   | 23<br>Niiname Festival (Shinto)<br>Labour Thanksgiving Day (Japan)<br>Day of National Sovereignty (Argentina)  | 24<br>Martyrdom of Guru Tegh Bahadur (Nanakshahical, Sikh)   | 25<br>Religious Liberty Day<br>Statehood Day (Federation of Bosnia and Herzegovina)<br>International Day for the Elimination of Violence against Women (UN)                              | 26<br>FULL MOON<br>Thanksgiving Day (Interfaith, USA)                       | 27   | 28<br>Independence Day (Albania)<br>Independence Day from Spain (Panama)<br>Republic Day (Congo)                             |
| 29<br>Liberation Day (Albania)<br>International Day of Solidarity with Palestinian People (UN)   | 30<br>Bonifacio Day (Philippines)<br>Independence Day (Barbados)<br>National Day (Benin)<br>St Andrews Day (UK)                                      | DEC 2015<br>S M T W T F S<br>1 2 3 4 5<br>6 7 8 9 10 11 12<br>13 14 15 16 17 18 19<br>20 21 22 23 24 25 26<br>27 28 29 30 31 |  |   |  | OCT 2015<br>S M T W T F S<br>1 2 3<br>4 5 6 7 8 9 10<br>11 12 13 14 15 16 17<br>18 19 20 21 22 23 24<br>25 26 27 28 29 30 31 |

# November 2015



“Peace is not unity in similarity but unity in diversity, in the comparison and conciliation of differences”

— Mikhail Gorbachev

# DECEMBER

2015 DIVERSICARE CALENDAR

**"Hi, I am Anna Lise Jensen, 75 years old and originally from Denmark. My family came to Australia in 1956 while I stayed back as I had just gotten married.**

Three years later, after the breakdown of my marriage, I joined my family in Australia in 1959. My former husband and young son remained in Denmark whilst I settled in Adelaide.

One of the highlights in my life was being reunited with my son in Denmark after 47 years. Meanwhile, I remarried in Australia and have another son and five grandchildren. I am an active member of the Good Life Church in Buderim and help out with Church activities.

I have been receiving domestic assistance from Netherlands Retirement Village Association (NRVA Multicare) once a week for the last three years. My General Practitioner (GP) told me about the service. My Support Worker is friendly and always willing to help. She is also very happy with NRVA as they meet her needs.

I have a loving and supportive family who visits me regularly. I want to remain independent and live in my own home with my pet dog, Buddy, as long as I can, and thus, consider home support ideal for me."



**"Hi, I am Stacey, the Coordinator at Netherlands Retirement Village Association (NRVA Multicare) in Sunshine Coast. NRVA has been operating for 30 years now in Birkdale, Brisbane.**

The Sunshine Coast office started about 15 years ago with the intention of servicing the Dutch community. However, over time, our clients have come from diverse cultural backgrounds. Now, NRVA has a total of 600 clients from Community Care. One of our annual highlights is the celebration of 'AprilFest' which includes cultural food and performances.

One of the big challenges with working with clients from different cultures is matching clients with staff who speak similar language. This has been overcome by engaging family members who speak English to assist when needed.

Providing service to clients from diverse backgrounds has been enriching for staff because it broadens their horizon in learning different ways about doing things. In addition, clients also enjoy and adapt to Australian culture."

## Denmark & Netherlands Retirement Village Assn



- Christmas in Tivoli Gardens, Copenhagen, is celebrated through the month of December -



| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|---|---|--|--|--|
|   | NOV 2015<br>S M T W T F S<br>1 2 3 4 5 6 7<br>8 9 10 11 12 13 14<br>15 16 17 18 19 20 21<br>22 23 24 25 26 27 28<br>29 30 | 1<br>Independence Day (Portugal)<br>World AIDS Day (UN)<br>National Day (Romania)                         | 2<br>National Day (Laos/UAE)  | 3<br>LAST QTR<br>International Day of People with Disability (UN)  | 4  | 5<br>International Volunteer Day (UN)  |
| 6<br>06-14 Hanukkah (Judaism)<br>Saint Nicholas Day (Christian)<br>Independence Day (Finland)<br>Constitution Day (Spain) | 7<br>Pearl Harbor Remembrance Day (USA)   | 8<br>Rohatsu Bodhi Day (Buddhist)<br>National Day (Myanmar)<br>Immaculate Conception (Catholic Christian) | 9<br>Independence Day (Tanzania)  | 10<br>Human Rights Day (UN)<br>Constitution Day (Thailand)<br>International Human Rights Day (UN)                                | 11<br>NEW MOON<br>Proclamation of the Republic (Burkina Faso)  | 12<br>Independence Day (Kenya/Tanzania)<br>Our Lady of Guadalupe (Christian)   |
| 13  | 14  | 15<br>Bill of Rights Day (USA)  | 16<br>Victory Day (Bangladesh)<br>National Day (Bahrain)<br>Independence Day (Kazakhstan)<br>Day of Reconciliation (South Africa) | 17<br>National Day (Bhutan)  | 18<br>International Migrants Day (UN)<br>National Day (Qatar)  | 19<br>FIRST QTR  |
| 20<br>International Human Solidarity Day (UN)   | 21  | 22  | 23<br>Heisei Emperor's Birthday (Japan)<br>Mawlid an Nabi (Islam)   | 24<br>Independence Day (Libya)<br>Milad-un-Nabi (India)  | 25<br>FULL MOON<br>Christmas Day<br>public holiday<br>Christmas Day (Christian)  | 26<br>Boxing Day<br>Synaxis of the Mother of God (Greece)<br>Death of Prophet Zarathustra (Zoroastrian)<br>St Stephens Day (Germany/Iceland/Croatia)<br>Day of Good Will (South Africa)<br>Independence and Unity Day (Slovenia) |
| 27<br>Boxing Day holiday<br>Proclamation Day (SA)   | 28<br>Holy Innocents Day (Christian)  | 29  | 30<br>Rizal Day (Philippines)<br>Independence Day (Barbados)  | 31<br>New Year's Eve<br>New Year's Eve (Christian)<br>International Solidarity Day (Azerbaijan)<br>Restoration Day (Switzerland) | JAN 2016<br>S M T W T F S<br>31<br>3 4 5 6 7 8 9<br>10 11 12 13 14 15 16<br>17 18 19 20 21 22 23<br>24 25 26 27 28 29 30 |  |

# December 2015



“We could learn a lot from crayons: some are sharp, some are pretty, some are dull, some have weird names, and all are different colours ... but they all exist very nicely in the same box.”

— Anonymous

# 2014

| JANUARY |    |    |    |    |    |    | FEBRUARY |    |    |    |    |    |    | MARCH |    |    |    |    |    |    | APRIL |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-------|----|----|----|----|----|----|-------|----|----|----|----|----|----|
| S       | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  |
|         |    |    | 1  | 2  | 3  | 4  |          |    |    |    |    | 1  | 30 | 31    |    |    |    | 1  |    |    | 1     | 2  | 3  | 4  | 5  |    |    |
| 5       | 6  | 7  | 8  | 9  | 10 | 11 | 2        | 3  | 4  | 5  | 6  | 7  | 8  | 2     | 3  | 4  | 5  | 6  | 7  | 8  | 6     | 7  | 8  | 9  | 10 | 11 | 12 |
| 12      | 13 | 14 | 15 | 16 | 17 | 18 | 9        | 10 | 11 | 12 | 13 | 14 | 15 | 9     | 10 | 11 | 12 | 13 | 14 | 15 | 13    | 14 | 15 | 16 | 17 | 18 | 19 |
| 19      | 20 | 21 | 22 | 23 | 24 | 25 | 16       | 17 | 18 | 19 | 20 | 21 | 22 | 16    | 17 | 18 | 19 | 20 | 21 | 22 | 20    | 21 | 22 | 23 | 24 | 25 | 26 |
| 26      | 27 | 28 | 29 | 30 | 31 | 23 | 24       | 25 | 26 | 27 | 28 | 23 | 24 | 25    | 26 | 27 | 28 | 29 | 27 | 28 | 29    | 30 |    |    |    |    |    |

| MAY |    |    |    |    |    |    | JUNE |    |    |    |    |    |    | JULY |    |    |    |    |    |    | AUGUST |    |    |    |    |    |    |
|-----|----|----|----|----|----|----|------|----|----|----|----|----|----|------|----|----|----|----|----|----|--------|----|----|----|----|----|----|
| S   | M  | T  | W  | T  | F  | S  | S    | M  | T  | W  | T  | F  | S  | S    | M  | T  | W  | T  | F  | S  | S      | M  | T  | W  | T  | F  | S  |
|     |    |    | 1  | 2  | 3  | 1  | 2    | 3  | 4  | 5  | 6  | 7  | 1  | 2    | 3  | 4  | 5  | 31 |    |    |        |    | 1  | 2  |    |    |    |
| 4   | 5  | 6  | 7  | 8  | 9  | 10 | 8    | 9  | 10 | 11 | 12 | 13 | 14 | 6    | 7  | 8  | 9  | 10 | 11 | 12 | 3      | 4  | 5  | 6  | 7  | 8  | 9  |
| 11  | 12 | 13 | 14 | 15 | 16 | 17 | 15   | 16 | 17 | 18 | 19 | 20 | 21 | 13   | 14 | 15 | 16 | 17 | 18 | 19 | 10     | 11 | 12 | 13 | 14 | 15 | 16 |
| 18  | 19 | 20 | 21 | 22 | 23 | 24 | 22   | 23 | 24 | 25 | 26 | 27 | 28 | 20   | 21 | 22 | 23 | 24 | 25 | 26 | 17     | 18 | 19 | 20 | 21 | 22 | 23 |
| 25  | 26 | 27 | 28 | 29 | 30 | 31 | 29   | 30 | 27 | 28 | 29 | 30 | 31 | 24   | 25 | 26 | 27 | 28 | 29 | 30 |        |    |    |    |    |    |    |

| SEPTEMBER |    |    |    |    |    |    | OCTOBER |    |    |    |    |    |    | NOVEMBER |    |    |    |    |    |    | DECEMBER |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  | S       | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  |
|           |    |    | 1  | 2  | 3  | 4  |         |    |    | 1  | 2  | 3  | 4  | 30       |    |    |    |    | 1  |    |          | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 | 5       | 6  | 7  | 8  | 9  | 10 | 11 | 2        | 3  | 4  | 5  | 6  | 7  | 8  | 7        | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 | 12      | 13 | 14 | 15 | 16 | 17 | 18 | 9        | 10 | 11 | 12 | 13 | 14 | 15 | 14       | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 | 19      | 20 | 21 | 22 | 23 | 24 | 25 | 16       | 17 | 18 | 19 | 20 | 21 | 22 | 21       | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 26 | 27 | 28 | 29 | 30      | 31 | 23 | 24 | 25 | 26 | 27 | 28       | 29 | 28 | 29 | 30 | 31 |    |          |    |    |    |    |    |    |

# 2016

| JANUARY |    |    |    |    |    |    | FEBRUARY |    |    |    |    |    |    | MARCH |    |    |    |    |    |    | APRIL |    |    |    |    |    |    |   |
|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-------|----|----|----|----|----|----|-------|----|----|----|----|----|----|---|
| S       | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  |   |
|         |    |    |    |    | 1  | 2  |          |    |    |    |    | 1  | 2  |       |    |    | 1  | 2  | 3  | 4  | 5     |    |    |    |    |    | 1  | 2 |
| 3       | 4  | 5  | 6  | 7  | 8  | 9  | 7        | 8  | 9  | 10 | 11 | 12 | 13 | 6     | 7  | 8  | 9  | 10 | 11 | 12 | 3     | 4  | 5  | 6  | 7  | 8  | 9  |   |
| 10      | 11 | 12 | 13 | 14 | 15 | 16 | 14       | 15 | 16 | 17 | 18 | 19 | 20 | 13    | 14 | 15 | 16 | 17 | 18 | 19 | 10    | 11 | 12 | 13 | 14 | 15 | 16 |   |
| 17      | 18 | 19 | 20 | 21 | 22 | 23 | 21       | 22 | 23 | 24 | 25 | 26 | 27 | 20    | 21 | 22 | 23 | 24 | 25 | 26 | 17    | 18 | 19 | 20 | 21 | 22 | 23 |   |
| 24      | 25 | 26 | 27 | 28 | 29 | 30 | 28       | 29 | 27 | 28 | 29 | 30 | 31 | 24    | 25 | 26 | 27 | 28 | 29 | 30 |       |    |    |    |    |    |    |   |

| MAY |    |    |    |    |    |    | JUNE |    |    |    |    |    |    | JULY |    |    |    |    |    |    | AUGUST |    |    |    |    |    |    |
|-----|----|----|----|----|----|----|------|----|----|----|----|----|----|------|----|----|----|----|----|----|--------|----|----|----|----|----|----|
| S   | M  | T  | W  | T  | F  | S  | S    | M  | T  | W  | T  | F  | S  | S    | M  | T  | W  | T  | F  | S  | S      | M  | T  | W  | T  | F  | S  |
|     |    |    | 1  | 2  | 3  | 4  |      |    |    | 1  | 2  | 3  | 4  | 31   |    |    |    |    | 1  | 2  |        |    |    |    |    | 1  | 2  |
| 8   | 9  | 10 | 11 | 12 | 13 | 14 | 5    | 6  | 7  | 8  | 9  | 10 | 11 | 3    | 4  | 5  | 6  | 7  | 8  | 9  | 7      | 8  | 9  | 10 | 11 | 12 | 13 |
| 15  | 16 | 17 | 18 | 19 | 20 | 21 | 12   | 13 | 14 | 15 | 16 | 17 | 18 | 10   | 11 | 12 | 13 | 14 | 15 | 16 | 14     | 15 | 16 | 17 | 18 | 19 | 20 |
| 22  | 23 | 24 | 25 | 26 | 27 | 28 | 19   | 20 | 21 | 22 | 23 | 24 | 25 | 17   | 18 | 19 | 20 | 21 | 22 | 23 | 21     | 22 | 23 | 24 | 25 | 26 | 27 |
| 29  | 30 | 31 | 26 | 27 | 28 | 29 | 30   | 24 | 25 | 26 | 27 | 28 | 29 | 30   | 28 | 29 | 30 | 31 |    |    |        |    |    |    |    |    |    |

| SEPTEMBER |    |    |    |    |    |    | OCTOBER |    |    |    |    |    |    | NOVEMBER |    |    |    |    |    |    | DECEMBER |    |    |    |    |    |    |   |   |   |
|-----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|---|---|---|
| S         | M  | T  | W  | T  | F  | S  | S       | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  |   |   |   |
|           |    |    | 1  | 2  | 3  |    |         |    | 30 | 31 |    |    | 1  |          |    |    | 1  | 2  | 3  | 4  | 5        | 6  |    |    |    |    |    | 1 | 2 | 3 |
| 4         | 5  | 6  | 7  | 8  | 9  | 10 | 2       | 3  | 4  | 5  | 6  | 7  | 8  | 6        | 7  | 8  | 9  | 10 | 11 | 12 | 4        | 5  | 6  | 7  | 8  | 9  | 10 |   |   |   |
| 11        | 12 | 13 | 14 | 15 | 16 | 17 | 9       | 10 | 11 | 12 | 13 | 14 | 15 | 13       | 14 | 15 | 16 | 17 | 18 | 19 | 11       | 12 | 13 | 14 | 15 | 16 | 17 |   |   |   |
| 18        | 19 | 20 | 21 | 22 | 23 | 24 | 16      | 17 | 18 | 19 | 20 | 21 | 22 | 20       | 21 | 22 | 23 | 24 | 25 | 26 | 18       | 19 | 20 | 21 | 22 | 23 | 24 |   |   |   |
| 25        | 26 | 27 | 28 | 29 | 30 | 23 | 24      | 25 | 26 | 27 | 28 | 29 | 27 | 28       | 29 | 30 | 25 | 26 | 27 | 28 | 29       | 30 | 31 |    |    |    |    |   |   |   |

**Multicultural Healthy Lifestyle Project**

**MULTICULTURAL HEALTHY LIFESTYLE PROJECT**

ENGLISH

Supporting and empowering Culturally and Linguistically Diverse Community members to enjoy a healthy and active lifestyle.

Facilitated by The Australian Government Department of Social Services

**MULTICULTURAL ADVISORY SERVICE**

**Information is Power**

We can assist you to work effectively with your Culturally and Linguistically Diverse (CALD) Clients

**Talk To Us**

hacc

**MULTICULTURAL ADVISORY SERVICE**

**Information is Power**

Do you need assistance to continue living in your home?

**Talk To Us**

hacc

**Little Book of Cultural Tips**

hacc

Do you need information about aged care services in your own language?

Would you prefer to stay in your own home?

Do you want your home care worker to speak your language & understand your culture?

Do you have friends, neighbours and relatives who might need our services?

**Community Visitors Scheme**

**PROGRAM OVERVIEW**

Diversicare's Community Visitors Scheme (CVS) is a program where volunteer community visitors visit with culturally and linguistically diverse (CALD) residents in aged care facilities in the Brisbane and Ipswich regions to combat social isolation and establish friendships.

It is expected that community visitors are available to spend up to an hour per fortnight to visit residents sharing an activity or undertake general conversation with them.

Community visitors make their own travel arrangements to residential facility. Reimbursement of expenses is negotiated with the CVS Program Coordinator.

**Partners in Culturally Appropriate Care (PICAC)**

**Aims:**

To equip aged care services to deliver culturally appropriate care to older people from culturally and linguistically diverse communities.

To ensure the special needs of older people from culturally and linguistically diverse communities are identified and addressed.



Diversicare offers a number of publications to inform members of the community requiring care of the options available to them, and to assist all staff involved in the provision of Commonwealth HACC funded and Queensland Community Care Services, in providing culturally appropriate care.

## **Key Contacts: Professional Interpreters and Translators**



### **NAATI (National Office)**

Phone: 02 6260 3035  
Fax: 02 6260 3036  
Email: [info@naati.com.au](mailto:info@naati.com.au)  
Web: [www.naati.com.au](http://www.naati.com.au)

### **SWITC**

Deaf Services Qld  
Phone: 07 3892 8559  
A/Hrs: 07 3018 0333  
Email: [switc@deafsq.org.au](mailto:switc@deafsq.org.au)  
Web: [www.switc.org.au](http://www.switc.org.au)

### **TIS (Translating and Interpreting Services)**

Phone: 131 450 (24 hours, 7 days)  
1300 655 082 (on-site interpreting)  
+613 9203 4027 (outside Australia)  
1800 131 450 (voice interpreting)  
1300 655 081 (pre-booked interpreting)  
Email: [tis@immi.gov.au](mailto:tis@immi.gov.au)  
Web: [www.tisnational.gov.au](http://www.tisnational.gov.au)

### **Absolute Translations**

Phone: 1800 500 791  
Fax: 07 3303 8527 (Brisbane)  
Email: [brisbane@absolutetranslations.com.au](mailto:brisbane@absolutetranslations.com.au)  
Web: [www.absolutetranslations.com.au](http://www.absolutetranslations.com.au)

### **Australian Interpreting Service Pty Ltd**

Phone: 03 8838 2983  
Fax: 03 8838 2982  
Web: [www.australianinterpretingservice.com](http://www.australianinterpretingservice.com)

### **ONCALL Interpreters & Translators**

Phone: 07 3018 0333  
Fax: 07 3839 8264  
Email: [bookings.qld@oncallinterpreters.com](mailto:bookings.qld@oncallinterpreters.com)  
Web: [www.oncallinterpreters.com](http://www.oncallinterpreters.com)

## Ethnic Communities Council of QLD Ltd (ECCQ) and Diversicare Offices

### ECCQ Head Office:

253 Boundary Street,  
WEST END  
PO Box 5916, West End QLD 4101  
P: 07 3844 9166  
F: 07 3846 4453  
E: [administration@eccq.com.au](mailto:administration@eccq.com.au)

### Brisbane

49-51 Thomas Street,  
WEST END  
PO Box 5199, West End QLD 4101  
P: 1300 DIVERSE or 1300 348 377  
E: [info@diversicare.com.au](mailto:info@diversicare.com.au)

### Cairns

PO Box 347, EARLVILLE QLD 4870  
P: 0432 322 154

### Mt Gravatt

1852 Logan Road,  
MT GRAVATT  
PO Box 409, Mt Gravatt QLD 4122  
P: 07 3343 7499  
F: 07 3343 7599

### Sunshine Coast

6/43 Minchinton Street,  
CALOUNDRA  
PO Box 1063, Caloundra QLD 4551  
P: 07 5491 9655  
F: 07 5437 2629

### Townsville

34/184-188 Vickers Road North,  
CONDON  
PO Box 246, Thuringowa QLD 4817  
P: 07 4723 1470  
F: 07 4723 8492

### Gold Coast

44 Davenport Street,  
SOUTHPORT QLD 4215  
P: 0431 017 943

## Multicultural Advisory Service (MAS) Officers

### MAS Team Leader, North Queensland Region

PO Box 246 Thuringowa QLD 4817  
M: 0407 045 203  
E: [mas.northern@diversicare.com.au](mailto:mas.northern@diversicare.com.au)

### Brisbane Region

PO Box 409 Mt Gravatt QLD 4122  
M: 0413 054 642  
E: [mas.bne@diversicare.com.au](mailto:mas.bne@diversicare.com.au)

### Brisbane North/Sunshine Coast/Fraser Coast/Wide Bay Regions

PO Box 1063 Caloundra QLD 4551  
M: 0447 721 968  
E: [mas.sunshine@diversicare.com.au](mailto:mas.sunshine@diversicare.com.au)

### North Queensland Region

PO Box 246 Thuringowa QLD 4817  
M: 0407 045 203  
E: [mas.northern@diversicare.com.au](mailto:mas.northern@diversicare.com.au)

### Gold Coast Region

M: 0431 017 943  
E: [mas.goldcoast@diversicare.com.au](mailto:mas.goldcoast@diversicare.com.au)

### Logan/West Moreton Rural & Remote Regions

PO Box 409 Mt Gravatt QLD 4122  
M: 0434 254 812  
E: [mas.westmoreton@diversicare.com.au](mailto:mas.westmoreton@diversicare.com.au)

### Peninsula Region

PO Box 347 Earlville QLD 4870  
M: 0432 322 154  
E: [mas.peninsula@diversicare.com.au](mailto:mas.peninsula@diversicare.com.au)

## Multicultural Healthy Lifestyle Project Officers

### Multicultural Healthy Lifestyle Team Leader

PO Box 246 Thuringowa QLD 4817  
M: 0407 045 203  
E: [mas.northern@diversicare.com.au](mailto:mas.northern@diversicare.com.au)

### Brisbane

PO Box 409 Mt Gravatt QLD 4122  
M: 0419 796 897  
E: [lmacura@diversicare.com.au](mailto:lmacura@diversicare.com.au)

### Townsville

PO Box 246 Thuringowa QLD 4817  
M: 0428 132 791  
E: [ltuck@diversicare.com.au](mailto:ltuck@diversicare.com.au)

## Partners in Culturally Appropriate Care (PICAC) Officers

### PICAC Team Leader

PO Box 409 Mt Gravatt QLD 4122  
M: 0407 589 675  
E: [picaced@diversicare.com.au](mailto:picaced@diversicare.com.au)

### PICAC Project Officer

PO Box 409 Mt Gravatt QLD 4122  
M: 0458 031 164  
E: [picac1@diversicare.com.au](mailto:picac1@diversicare.com.au)

### PICAC Project Officer

PO Box 409 Mt Gravatt QLD 4122  
M: 0413 112 961  
M: [picac2@diversicare.com.au](mailto:picac2@diversicare.com.au)

### Acknowledgements

This publication was produced by the Multicultural Advisory Service. Diversicare acknowledges with appreciation the assistance received from the various ethnic communities, people and organisations who collaborated in the creation of this calendar.

Designed, edited and published by The Golden Quill [info@thegoldenquill.com.au](mailto:info@thegoldenquill.com.au)

Disclaimer: Every effort has been made to ensure the information in this calendar is as accurate as possible. However, Diversicare, the Multicultural Advisory Service, The Golden Quill and their servants and agents, disclaim any liability for errors or omissions or their consequences. The information in this publication is provided as a guide only.