

Community solutions to address impacts of alcohol



Vietnamese community



A woman with short dark hair and glasses, wearing a red and black striped shirt, is speaking at a community meeting. She is looking slightly to her right. In the background, there is a blue door with a red sign that says "NO SMOKING". To the left, the back of an older man with white hair and glasses wearing a purple shirt is visible. To the right, the back of a person wearing a bright pink shirt is visible. The setting appears to be an indoor community space.

What could be done in your community to change the drinking culture?

- Raise awareness of harm associated with alcohol to the whole of community through education in school, at work place, at home and in the community.
- Offer recreational activities to all community members especially middle-aged men for example: sport clubs, fishing clubs, sing karaoke groups.
- Self-manage such as: don't stock alcohol at home, set the limitation of alcohol intake and self-reduce alcohol consumption.



- Deliver social inclusion activities such as family fun days, picnic on the park, community gathering for a good cause.
- Government needs to impose high tax on alcohol products, increase the price and limit a certain number of bottles that people can purchase per day, per week, etc.... to make it harder for people to access alcohol.
- Actively advocate for opportunities for people to volunteer in meaningful tasks including supporting children, elderly, at temples, pagodas







Samoaan community





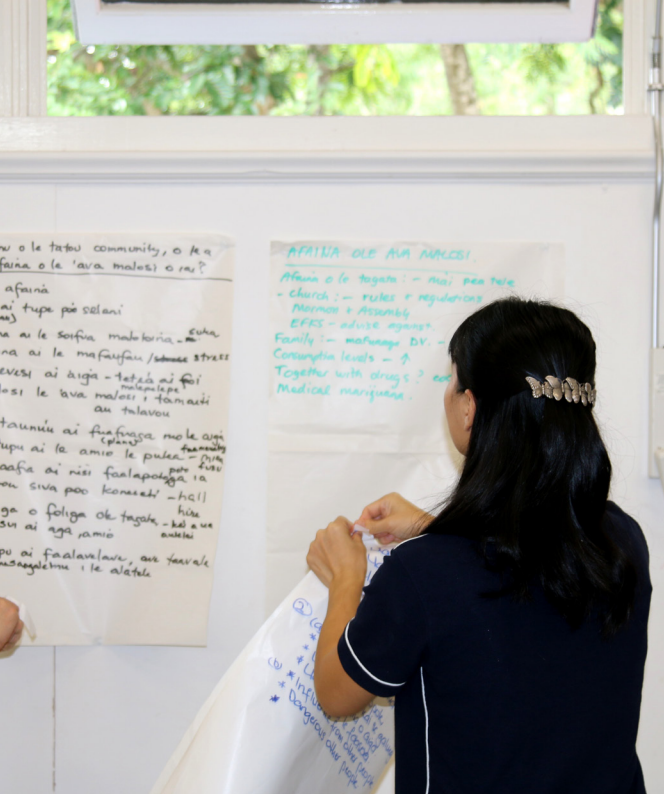
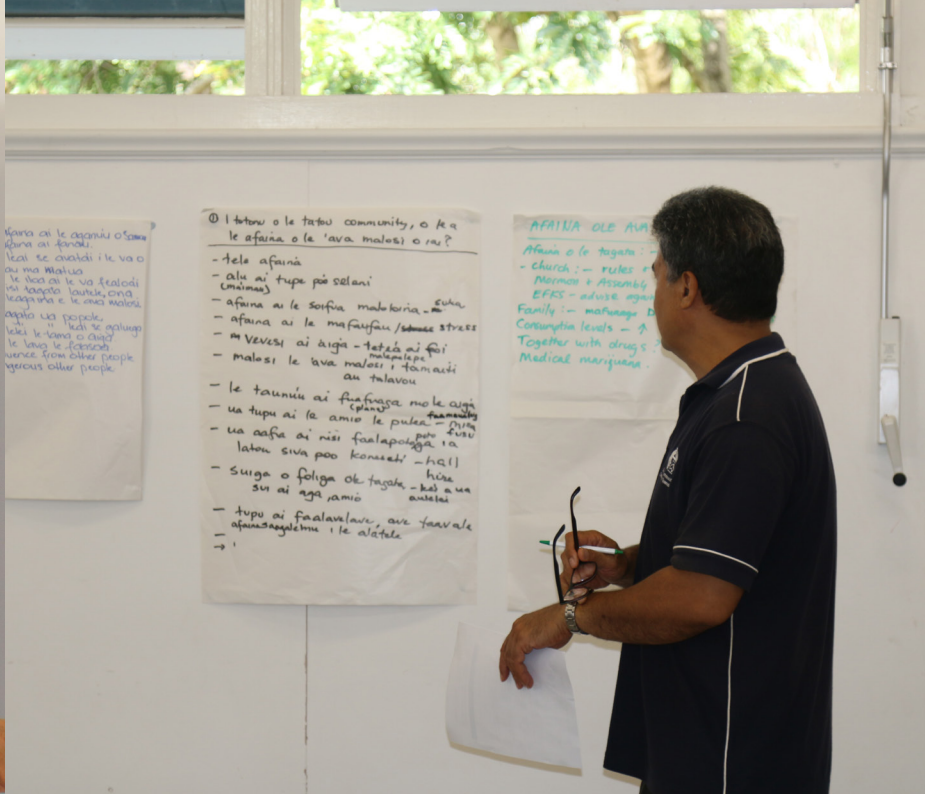
What could be done in your community to change the drinking culture?

- Encourage and convene the various church denominations to work together towards helping alcohol affected families and individuals.
- Need youth activities that youth would prefer to do rather than going to nightclubs and drinking alcohol, such as outdoor/camping or sports.
- Encourage more church and family activities that support youth personal development in hand with Samoan cultural values



- Empowering family and church members to help their church members.
- Assistance for Homeless Kids in the Brisbane. This is a breeding place for bad alcohol (and drugs) consumption habits, and spreads to other kids.
- The need for information and statistics. We need figures and proportions of how many Samoan people/families (and other ethnic groups) that are affected with alcohol and need help with alcohol rehabilitation etc





- Convene a multicultural forum in Brisbane that addresses these same questions.
- Participation in healthy lifestyle programs such as Living Well Multicultural Program from ECCQ.
- Financial grants/assistance from the government for youth and community programs that focuses on self-control, family counselling, employment, etc.
- More awareness of services that the state could provide, such as Rehabilitation Centres, and further strengthen their services.
- Community leaders and parents to do their duty and guide children, lead by example.
- Empower and encourage abstinence processes and agencies that provide this service such as Alcoholics Anonymous.
- Lift the legal drinking age from 18 to 21.
- Choose your friends well, and refrain from friends who tend to drink too much.
- Identify vulnerable groups and provide free counselling services.
- Stop drinking.
- Pray to God to help those with drinking problems.
- Have more self-control.

Sudanese community

Sudanese & South Sudanese how
alcohol influence your community

- * Conflict with health (Marriages)
- * Use as a solution to
the problem/ issues of stress
- * Cultural Conflicts - "18+"
 - * Peer Pressure
- * Criminal Confessions
- * Loss of Employment
- * Tribal ~~Stigma~~ Stereotype
- * 18% Increase in health
problems "Liver problems"
- * Tribal myths that alcohol
is medicine for certain
diseases



What could be done in your community to change the drinking culture?

- Education – responsible drinkers, on health effects of alcohol on community and pregnant women – more education on harm and preventions.
- More programs for people who are having drinking problems.
- Program for people living with alcoholics.
- Women programs to address isolation.

- Acknowledge.
- Easy access at home can be avoided by not keeping it at home.
- Parents and elders need to find solutions together.
- Men need to be involved in their family's life.
- Adapting to the change.
- Change of assumptions.
- Strong foundation.
- Relation with programs i.e. alcohol, business and youth programs e.g CYALA.
- Engagement in activities e.g. workshops – targeted approach – link positive role models.
- Counselling.
- Increase/create employment and programs.
- Cultural awareness visa western culture.







Ethnic Communities
Council of Queensland


Lives Lived Well

Act on Alcohol

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