

Reducing the risk of Chronic Disease in Queenslanders from Culturally and Linguistically Diverse Communities

What WE Do

ECCQ's Chronic Disease Program Staff including **Bi-lingual Multicultural Workers** have been working closely with community members, leaders, GP's, hospital's and other multicultural community and health service providers to deliver culturally appropriate preventative care since **2007**.

ECCQ's Chronic Disease Program Highlights: 2017-2019



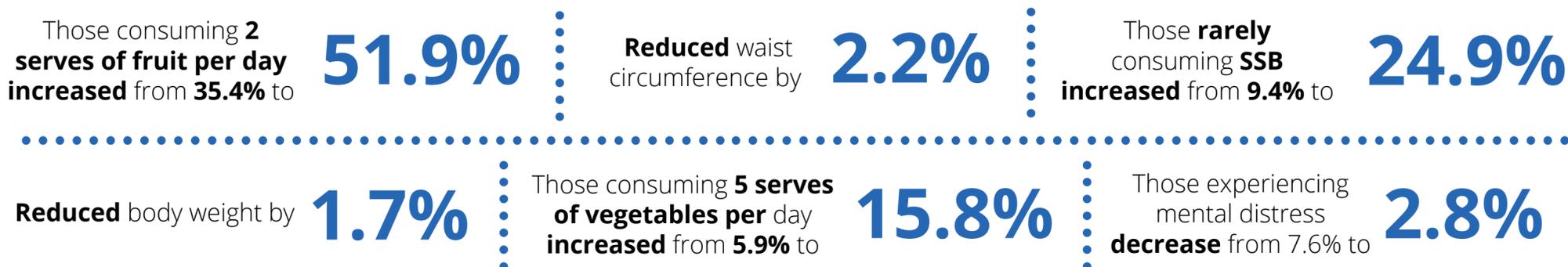
"People from South-East Asia, North Africa, the Middle East, Oceania (excl. Australia), and Southern and Eastern Europe have higher rates of developing diabetes than other Australians."
(p9, Australian National Diabetes Strategy 2016-2020, Commonwealth of Australia, 2015)

"People of Middle Eastern origin have a 15% higher hospitalisation rate for coronary heart disease."
(Chief Health Officer Report, Queensland Health, 2014)

"CALD Australians with lung cancer face poorer survival rates and are less likely to receive timely and appropriate care." (Mazza et al., 2018)

Achievements

Griffith University Evaluation of 'My Health For Lifes' CALD component indicated that participants improved their health



"I have some high risk patients who took this wonderful programme with very positive feedback. We often see that people wanted to change but were unable to do it. That changes can only happen after thorough understanding of the importance of lifestyle to one's health which the programme can address."
(GP from Eight Mile Plains Doctors)

"Being part of this program made me feel valued and our voices and community concerns are being heard. I have learned a lot about alcohol harm and I am glad to have helped implementing the program actions."
(Leader from Community Leaders Action Working Group)

